

Week 16

6th January 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Training Day	Training Day	Chicken Tikka	Meatballs with Pasta	Battered Fish WHEAT, GLUTEN FISH, EGG, BARLEY
			MILK	WHEAT, GLUTEN	
			Vegetable Korma	Pasta Neapolitan	Sausage WHEAT, GLUTEN SULPHITES, SOYBEAN
			MILK	WHEAT, GLUTEN MILK	Vegetable Bake WHEAT, GLUTEN, MILK
VEGETABLE CARBS			Green Beans Rice	Sweetcorn	Chips
LUNCH POT			Chicken Italiano Pasta WHEAT, GLUTEN	Chinese Veg Curry & Rice WHEAT, GLUTEN, MUSTARD, CELERY, SOYA	Jacket Potato with Cheesy Beans MILK

Staff Training Day

Staff Training Day

Week 17

13th January 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Cougette and Pepper Risotto	Pasta Carbonara WHEAT, GLUTEN, SOYBEAN, CELERY, MILK, EGGS, MUSTARD	Beef Cobbler WHEAT, GLUTEN SOYBEAN, EGGS, MILK, CELERY	Roast Chicken with Stuffing WHEAT, GLUTEN	Battered Fish WHEAT, GLUTEN FISH, EGG, BARLEY
	MILK				
	Tomato and Basil Gnocchi bake WHEAT, GLUTEN, MILK, MUSTARD, EGG	Pasta and Provencal Sauce WHEAT, GLUTEN	Winter Vegetable Hot Pot	Apple & Cheddar Quiche WHEAT, GLUTEN, MILK	Sausage WHEAT, GLUTEN SULPHITES, SOYBEAN
VEGETABLE CARBS	Peas	Mixed Vegetables	Carrots New Potatoes	Green Beans Roast Potatoes	Chips
LUNCH POT	Makhani Chicken & Rice MILK, MUSTARD	Moroccan Veg Tagine & Rice SULPHITES	BBQ Quorn & Pasta WHEAT, GLUTEN, MUSTARD	Chicken Tikka & Rice	Jacket Potato with Cheesy beans MILK

Week 18

20th January 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Vegetable Korma & Rice MILK	Lasagne WHEAT, GLUTEN, SPELT, MILK, CELERY, MUSTARD, EGG	Salmon Risotto FISH, MILK	Chicken & Veg Pie WHEAT, GLUTEN, MILK, CELERY	Battered Fish WHEAT, GLUTEN FISH, EGG, BARLEY
	Vegetable Carbonara WHEAT, GLUTEN, SPELT, MILK, EGGS, MUSTARD	Vegetarian Lasagne WHEAT, GLUTEN, SPELT, MILK, CELERY, MUSTARD, EGG	Butternut Squash Risotto MILK	Apple and Cheddar Quiche WHEAT, GLUTEN, SPELT, MILK, EGG	Sausage WHEAT, GLUTEN SULPHITES, SOYBEAN
VEGETABLE CARBS	Peas	Mixed Vegetables	Green Beans	Carrots Roast Potato	Chips
LUNCH POT	Smokey Pepperoni with Pasta WHEAT, GLUTEN, BARLEY	Chicken Rogan Josh & Rice	Pasta Bolognese WHEAT, GLUTEN,	Sweet Chilli Chicken Chicken Chicken & Rice	Jacket Potato with Cheesy beans MILK

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Week 19

27th January 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Somerset Stew	Chicken Burger	Chicken Special Fried Rice	Roast Beef with Yorkshire Pudding	Battered Fish
		WHEAT, GLUTEN, CELERY, SPELT,	EGG	WHEAT, GLUTEN, SPELT, EGG, MILK	WHEAT, GLUTEN FISH, EGG, BARLEY
	Vegetable Cobbler	Spicey Bean Burger	Vegetable Fried Rice	Veggie Toads	Sausage
	WHEAT, GLUTEN SOYBEAN, EGGS, MILK, CELERY	WHEAT	EGG	WHEAT, GLUTEN, SPELT, EGG, MILK	WHEAT, GLUTEN SULPHITES, SOYBEAN Vegetable Bake WHEAT, GLUTEN, MILK
VEGETABLE CARBS	Mixed Vegetables Creamed Potatoes	Peas New Potatoes	Vegetable Spring Roll	Carrots Roast Potato	Chips
	MILK Tomato & Mascarpone Pasta	Chicken Rogan Josh & Rice	Meatball Marinara & Pasta WHEAT, GLUTEN, BARLEY, MILK, SOYA	Vegetable Tikka & Rice	Jacket Potato with Cheesy beans
LUNCH POT	WHEAT, GLUTEN, MILK				MILK

Week 20

3rd Febuary 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Pasta Provençal	Chicken Souvlaki	Cottage Pie	Chicken Enchiladas	Battered Fish
	WHEAT, GLUTEN, MILK	WHEAT, GLUTEN, SPELT	CELERY, MILK, SULPHITES	WHEAT, GLUTEN, SPELT, MILK	WHEAT, GLUTEN FISH, EGG, BARLEY
	Macaroni Cheese	Vegetable Souvlaki	Vegetarian Pie	Vegetable Enchiladas	Sausages
	WHEAT, GLUTEN, MILK	WHEAT, GLUTEN, SPELT,	CELERY, MILK, SULPHITES, SOYBEAN	WHEAT, GLUTEN, SPELT, MILK	WHEAT, GLUTEN SULPHITES, SOYBEAN
VEGETABLE CARBS	Green Beans	Salad	Broccoli	Sweetcorn	Chips
	Firecracker Chicken & Rice	Chilli/ Veg Chilli & Rice	Bacon and Sausage Pasta	Veg Tikka & Rice	Jacket Potato with Cheesy beans
LUNCH POT		MILK, MUSTARD	WHEAT, GLUTEN		MILK

Week 21

10th Febuary 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Cauliflower & Red Pepper Katsu Curry	Hoisin Salmon Noodles	Lasagne	Roast Chicken with Stuffing	Battered Fish
		WHEAT, GLUTEN, EGG, FISH, SESAME	WHEAT, GLUTEN, SOYBEAN, CELERY, MILK, EGGS, MUSTARD	WHEAT, GLUTEN	WHEAT, GLUTEN FISH, EGG, BARLEY
	Quorn Kedgeree	Vegetable Noodles	Butternut Squash & Spinach Lasagne	Red Onion & Cheddar Gallette	Sausages
	EGG	WHEAT, GLUTEN, EGG, SESAME	WHEAT, GLUTEN, SPELT, MILK, CELERY, MUSTARD, EGG	WHEAT, GLUTEN, SPELT, MILK	WHEAT, GLUTEN SULPHITES, SOYBEAN Quorn Sausage EGG, WHEAT, MILK, BARLEY
VEGETABLE CARBS	Green Beans	Peas	Mixed Vegetables	Carrots Roast Potatoes	Chips
		Italian Chicken & Rice	Chilli & Rice	Chicken Rogan Josh & Rice	Jacket Potato with Cheesy beans
LUNCH POT	Pasta Carbonara WHEAT, GLUTEN, MILK				MILK

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Week22

24th Febuary 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Thai Green Vegetable Curry with Rice	Chicken & Tomato Cobbler	Pasta Carbonnara	Chicken & Chorizo Casserole	Battered Fish
		WHEAT, GLUTEN, SOYBEAN, EGGS, MILK, CELERY, MUSTARD	WHEAT, GLUTEN, SOYBEAN, CELERY, MILK, EGGS, MUSTARD		WHEAT, GLUTEN FISH, EGG, BARLEY
	Courgette & Pepper Risotto	Winter Vegetable Hot Pot	Spiced Veg Mince with Couscous	Stuffed Peppers	Sausages
	MILK		SOYA, WHEAT, GLUTEN	MILK	WHEAT, GLUTEN SULPHITES, SOYBEAN
VEGETABLE CARBS	Sweetcorn	Broccoli	Mixed Vegetables	Carrots Roast Potato	Chips
LUNCH POT	Tomato & Mascapone Pasta	Vegetable Tikka	Chicken Tikka & Rice	Chinese Veg Curry & Rice	Jacket Potato with Cheesy beans
	WHEAT, GLUTEN, MILK			WHEAT, GLUTEN, MUSTARD, CELERY, SOYA	MILK

Week 23

3rd March 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Cheese & Broccoli Quiche	Cheese and Ham Risotto	Chicken & Veg Pie	Roast Beef with Yorkshire Pudding	Battered Fish
	WHEAT, GLUTEN, SPELT, MILK, EGG	MILK	WHEAT, GLUTEN, CELERY	WHEAT, GLUTEN, SPELT, EGG, MILK	WHEAT, GLUTEN FISH, EGG, BARLEY
	Vegetable Sausage Casserole	Mushroom Risotto	Spinach & Mushroom Pie	Butternut Squash & Cherry Tomato Crumble	Sausages
	WHEAT, GLUTEN, SPELT, CELERY	EGG	WHEAT, GLUTEN, SPELT, MILK, MUSTARD, EGG	WHEAT, GLUTEN, MILK	WHEAT, GLUTEN SULPHITES, SOYBEAN
VEGETABLE CARBS	Peas New Potatoes	MILK Green Beans	Mixed Vegetable New Potatoes	Green Beans Roast Potato	Chips
LUNCH POT	Makhani Chicken & Rice	Pasta Bolognese	Veg Rogan Josh	Ham & Cheese Pasta	Jacket Potato with Cheesy beans
		WHEAT, GLUTEN,		WHEAT, GLUTEN, MILK	MILK

Week 24

10th March 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Quorn Tikka	Salmon Risotto	Chicken and Pasta Bake	Chilli Con Carne	Battered Fish
	MILK	FISH	WHEAT, GLUTEN, SPELT, CELERY		WHEAT, GLUTEN FISH, EGG, BARLEY
	Moroccan Veg Tagine	Creamy Baked Gnocchi with Squash & Spinach	Pasta Neapolitan	Vegetarian Chilli	Sausages
	CELERY, SOYA	WHEAT, GLUTEN, MILK	WHEAT, GLUTEN, SPELT, CELERY, MILK	SOYBEAN	WHEAT, GLUTEN SULPHITES, SOYBEAN
VEGETABLE CARBS	Green Beans Rice	Broccoli	Peas	Sweetcorn Rice	Chips
LUNCH POT	Spicy Sausage & Pasta	Pasta Carbonara	Makhani Chicken & Rice	Italian Meatballs & Pasta	Jacket Potato with Cheesy beans
	WHEAT, GLUTEN	GLUTEN, MILK	MILK, MUSTARD	WHEAT, GLUTEN	MILK

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Week 25

17th March 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Vegetable Rogan Josh & Rice	Chicken Chasseur	Pasta Carbonara	Roast Chicken with Stuffing	Battered Fish
			WHEAT, GLUTEN, SPELT, MILK, CELERY, EGG, MUSTARD	WHEAT, GLUTEN	WHEAT, GLUTEN FISH, EGG, BARLEY
	Quorn Korma & Rice	Butternut & Chickpea Pattie	Pasta Provencal	Tomato & Pepper Quiche	Sausage
	MILK, EGG	SOYBEAN	WHEAT, GLUTEN, SPELT,	WHEAT, GLUTEN, EGG, MILK	WHEAT, GLUTEN SULPHITES, SOYBEAN
					Vegetable Bake
VEGETABLE CARBS	Sweetcorn	Cauliflower New Potatoes	Broccoli	Carrots Roast Potato	Chips
LUNCH POT	Amigo Meatballs Pasta	Pasta Bolognese	Veg Tikka & Rice	Shredded Beef Chilli & Rice	Jacket Potato with Cheesy beans
	WHEAT, GLUTEN	WHEAT, GLUTEN			MILK

Week 26

24th March 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Pasta Neopolitan	Smoked Haddock & Mozzarella Fish Cake	Chilli Con Carne	Chicken Stir Fry	Battered Fish
	WHEAT, GLUTEN, SPELT, MILK	FISH, MILK		WHEAT, GLUTEN, SESAME, SOYA	WHEAT, GLUTEN FISH, EGG, BARLEY
	Macaroni Cheese	Quinoa Beetroot & Endamame Burger	Five Bean Chilli	Vegetable Stir Fry	Sausage
	WHEAT, GLUTEN, SPELT, MILK	SOYBEAN		WHEAT, GLUTEN, SESAME, SOYA	WHEAT, GLUTEN SULPHITES, SOYBEAN
					Vegetable Bake
VEGETABLE CARBS	Sweetcorn	Broccoli New Potatoes	Peas Rice	Carrots	Chips
LUNCH POT	Chicken Italiano & Rice	Tomato & Mascarpone Pasta	Smokey Pepperoni Pasta	Sweet Chilli Chicken & Rice	Jacket Potato with Cheesy beans
		WHEAT, GLUTEN, MILK	WHEAT, GLUTEN		MILK

Week 27

31st March 2025

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Caponata Pasta	Chorizo Risotto	Cottage Pie	Battered Fish	
	WHEAT, GLUTEN, MILK		CELERY, MILK, SULPHITES	WHEAT, GLUTEN FISH, EGG, BARLEY	
	Veggie Bolognaise	Mac n Cheese	Vegetarian Pie	Sausage	
	WHEAT, GLUTEN, BARLEY, SOYA,	WHEAT, GLUTEN, MILK	CELERY, MILK, SULPHITES, SOYBEAN	WHEAT, GLUTEN SULPHITES, SOYBEAN	
				Vegetable Burger	
VEGETABLE CARBS	Sweetcorn	Green Beans	Peas	Chips	
LUNCH POT	Chicken Tikka & Rice	Mediterranean Pasta	Makhani Chicken & Rice	Jacket Potato with Cheesy beans	
	WHEAT, GLUTEN, BARLEY	WHEAT, GLUTEN	MILK, MUSTARD	MILK	

NO LUNCH

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